

Set # 3-3164 F-Body Upper & Lower Control Arm Bushing Set

This set contains items listed under one or more Patent Numbers

5472226, 5275429

IMPORTANT:
Read instructions
before performing
any work!

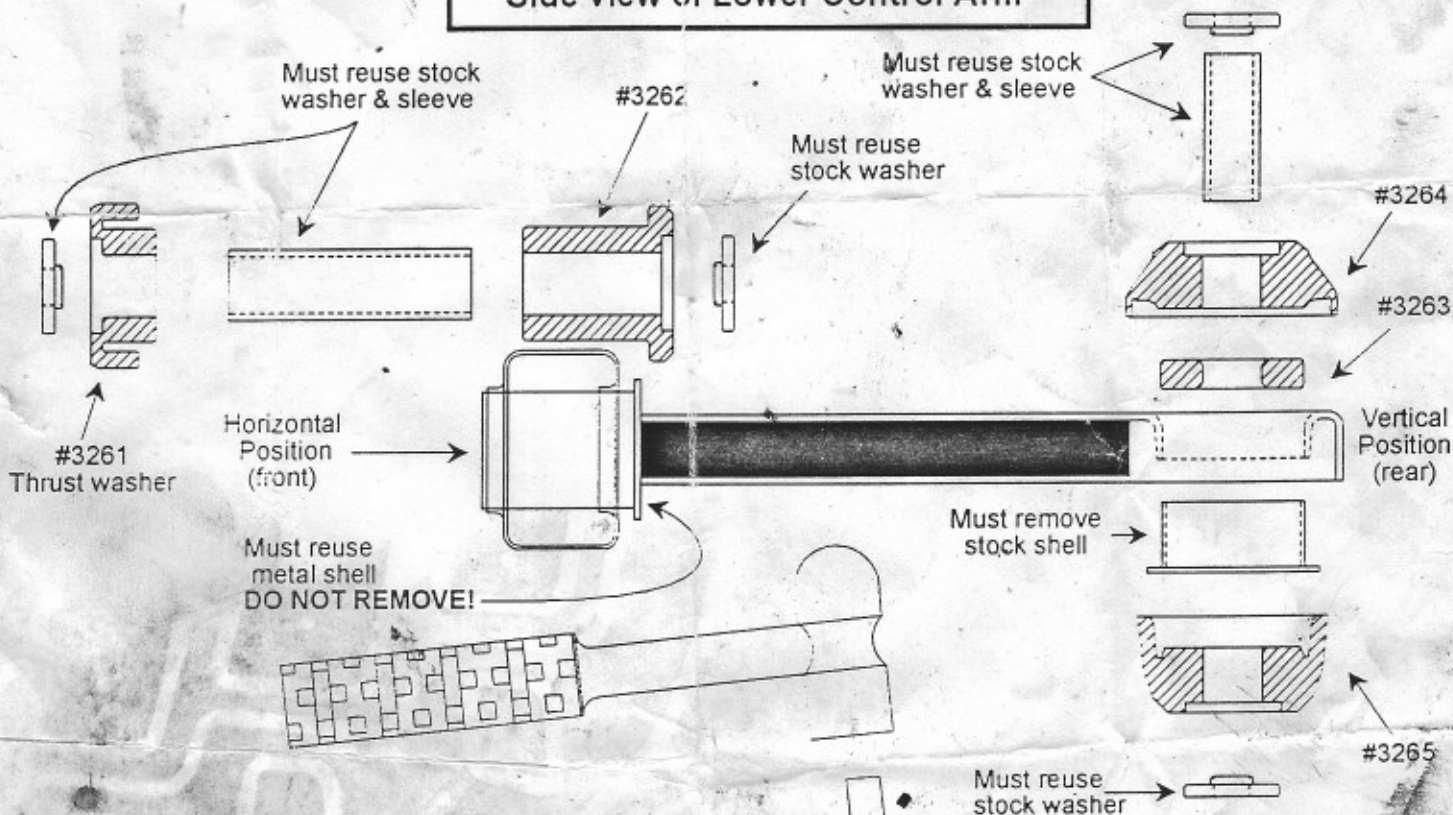
Upper Control Arms

1. Properly support vehicle and remove control arms.
2. Remove inner sleeves and rubber bushings from control arms (Hint: use slight amount of heat on outside of shell to break bond of rubber.)
NOTE: Do not remove shells as they will be reused with our bushings.
3. Make sure inside surfaces are free of all old bushing material
4. Grease all surfaces of bushing that contact metal with supplied grease.
5. Install bushings and sleeves.

Lower Control Arms

1. Properly support vehicle and remove control arms.
2. **VERTICAL/HORIZONTAL POSITIONS:** Remove washers from end of sleeves; by tapping them out with a long punch and hammer. (**DO NOT DISCARD! REFER TO DIAGRAM BELOW.**)
3. Remove sleeve. (Hint: Apply a slight amount of heat to break bond of rubber.) (**DO NOT DISCARD!**)
4. **VERTICAL POSITION ONLY** Remove shell and rubber bushing being careful not to damage I.D. of control arm. (**DISCARD RUBBER AND SHELL**)
5. **HORIZONTAL POSITION** Remove rubber bushing only. Do not remove shell! (Hint: use slight amount of heat on outside of shell to break bond of control arm.) (**DISCARD RUBBER ONLY!**)
6. Make sure inside surfaces are free of all old bushing material
7. Grease all surfaces of bushing that contact metal with supplied grease.
8. Refer to diagram below for proper positions of bushings and install per.

Side view of Lower Control Arm



IMPORTANT:

Coat urethane bushing, sleeve and shell I.D with supplied grease. (All surfaces of bushings that contact metal)

Torque all fasteners previously removed to factory specifications.

Perform complete wheel alignment after completion of work.

Tap washer out with hammer and straight punch.
Do not throw Away!
You must reuse both washers and sleeves